

# Archivos de medicina del deporte

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## ORIGINALS

Acute effect of Complex Training protocol on grenade throwing velocity on military pentathletes

Anthropometric profile of gymnast from childhood to maturity sport: report of 2 cases

Reliability of Senior Fitness Test version in Spanish for older people in Tunja-Colombia

Influence of percentage of 1RM strength test on repetition performance during resistance exercise of upper and lower limbs

## REVIEWS

Circulating microRNA as regulators of the molecular response in exercise in healthy people

Relevant biochemical markers of recovery process in soccer

