

# Archivos

## de medicina del deporte

Órgano de expresión de la Sociedad Española de Medicina del Deporte



### ORIGINAL ARTICLES

Does high intensity interval training (HIIT) affect the strength training performance?

Kinematics and thermal sex-related responses during an official beach handball game in Costa Rica: a pilot study

Effects of a program of eccentric exercises on hamstrings in youth soccer players

Estimation of the maximum blood lactate from the results in the Wingate test

Acute effect of an Intra-Set Variable Resistance of back squats over 30-m sprint times of female sprinters

### REVIEWS

Heart rate and the distance performed by the soccer referees during matches: a systematic review

The role of aerobic exercise in the prevention and management of auricular fibrillation. Friend or foe?

