

# Archivos

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### ORIGINAL ARTICLES

Frequency of High Intensity Circuit Training and diet. Effects on performance and health in active adults: Randomized Controlled Trial

Rating of perceived exertion and physical performance changes after one circuit training session in hypoxia or normoxia

Effects of acute exposure to high altitude in acclimatized and non-acclimatized professional soccer players

Relationship between anthropometric and metabolic parameters in schoolchildren at state primary schools in Extremadura

Psychophysiological response of fighter aircraft pilots in normobaric hypoxia training

### REVIEWS

Sports injuries management update

Running economy and performance. High and low intensity efforts during training and warm-up. A bibliographic review

